

12:01:10 From Tracy Barnett to All panelists : Hi Donna! Great to see you 'in person' :)

12:02:22 From Ken Silverstein : Good Afternoon Everyone—Ken Silverstein, AlfredHouse Assisted Living, 240-535-0597, ksilverstein@alfredhouse.com and we are accepting new residents

12:03:04 From Mark Asch : Hello All...this is Mark Asch with Right At Home, a licensed homecare agency providing caregivers to assist clients with the non-medical home care at their level of need in Montgomery County, Prince George's County and parts of Baltimore..Covid positive and non Covid clients. mark@rightathomemd.net - 410-292-2405 Direct

12:03:11 From Melanie Dands to All panelists : Good afternoon everyone. Melanie Dands Somerford Place Columbia. 443-336-6879

12:03:14 From Mary Ellen Knecht : We appreciate your hosting, Steve! Mary Ellen Knecht

12:03:28 From Steve Gurney - ProAging Sourcebook : From Melanie Dands to All Panelists: 12:03 PM
Good afternoon everyone. Melanie Dands Somerford Place Columbia. 443-336-6879

12:03:44 From Mary Ellen Knecht : Meknecht@medteam.com 703-332-9387

12:03:56 From Allen Wong to All panelists : Hello Mary Ellen!

12:04:14 From Mark Gottlieb to All panelists : Hey there, Mark Asch. This is Mark Gottlieb, Gottlieb Insurance Advisory, 301-332-4337

12:04:16 From Melissa Wu to All panelists : Good afternoon! Melissa Wu, Esq., elder law and estate planning attorney. info@melissawulaw.com; 240-505-8649.

12:04:20 From Kelly Lambert to All panelists : Kelly Lambert, Care Coordinator for Griswold Home Care NoVA West.

12:04:26 From Donna Fuller to Tracy Barnett and all panelists : Hi Tracy!!!!

12:04:37 From Ruthie Fishman to All panelists : Hi All,Ruthie Fishman, Cedar Creek Memory Care Homes (Rockville/Silver Spring/Bethesda) providing small homes for residents with dementia. Immediate openings. ruthie.cedarcreek@gmail.com 301-529-2517

12:04:41 From Karen Holstein to All panelists : Karen Holstein, Brightstar Care. 410-910-9425

12:04:42 From Darren Early : Darren Early here from Assisted Living Locators Randallstown (darrene@assistedlivinglocators.com; 443-244-4225); providing senior placement in Carroll County, northwest Baltimore County and portions of Howard and Frederick Counties

12:04:42 From Kate Chutuape : Good afternoon! This is Kate Chutuape with VHC Senior Health, kchutuape@virginiahospitalcenter.com

12:04:43 From Nancy Rome to All panelists : HI all - I'm the founder of WholeCare - a management tool and communications hub for caregivers and families - to keep everyone on the same page in real time. Our platform is ready for testing - if you want to get on our list - please e-mail me — nrome@wholecarehub.com — our website is wholecarehub.com Thank you Steve!

12:04:43 From Kitty Janney : Hi - Kitty Janney from Watermark Retirement Communities. I am opening their new Community in Alexandria early next year.
kjanney@watermarkcommunities.com 703-981-7883

12:04:45 From Cordell Martin : Cordell Martin Tribute at Melford IL,AL, Memory Care Outreach Manager 301-329-5565 ext. 3403 cordell.martin@tributeatmelford.com

12:04:46 From Adele Logan-Galen to All panelists : Hi everyone! My name is Adele Logan-Galen and I am the founder of Smooth Move Managers, a woman owned, local senior move management company. Website: www.smoothmovemanagers.com and phone number: 571-230-5702. I help seniors declutter and move. If they want to age in place, I can assist as well.

12:04:46 From Susan Blum to All panelists : Good Afternoon. Susan Blum with Debra Levy Eldercare Associates, 240-888-4464 or office - 301-593-5285.

12:04:47 From eldorna samuel to All panelists : Eldorna Samuel, Occupational Therapist from Functional Therapy Solutions. I specialize in performing Environmental Assesments.

12:05:01 From Susan Blum to All panelists : www.carer-manager.com

12:05:09 From eldorna samuel to All panelists : 301 641 7035

12:05:10 From Twanda Young to All panelists : Twanda Young care coordinator with Privia Health twanda.young@priviahealth.com

12:05:10 From Nancy Rome : HI all - I'm the founder of WholeCare - a management tool and communications hub for caregivers and families - to keep everyone on the same page in real time. Our platform is ready for testing - if you want to get on our list - please e-mail me — nrome@wholecarehub.com — our website is wholecarehub.com Thank you Steve!

12:05:12 From Andrea Mellado to All panelists : Hi, Everyone! Andrea Mellado, Director of Business Development with Harmony at Spring Hill. amellado@harmonyatspringhill.com. We also have Harmony at Falls Run and Harmony at Chantilly here in the Northern VA area. Glad to virtually meet you all!

12:05:13 From Andrew Fernebok to All panelists : Hello All. I'm Andy Fernebok of Senior Entertainment, LLC. I provide live gameshow entertainment to Seniors. My website is www.seniorentertainmentllc.com. My email is senior.entertain@yahoo.com. Thank you.

12:05:25 From Tracy Barnett : Good Afternoon Everyone! Tracy Barnett, Director of Business Development with Stella Maris in Timonium. 443-883-0079 or tbarnet2@stellamaris.org. Our NEW Rehabilitation Center featuring 60 PRIVATE Rooms is now OPEN! Great to be here with you all!

12:05:38 From Katie Biskey to All panelists : Hello! My name is Katie Biskey, Area Sales Director with FOX Rehab, outpatient therapy provided in the home for older adults all over MD, VA, and NW DC. 301-802-7047, katie.biskey@foxrehab.org

12:05:50 From Jennifer Carnegie to All panelists : Hi there, My name is Meghan Ausherman, Nurse Liaison for Brightview Senior Living for Montgomery County. 410-215-6041 mausherman@bvsl.net. Thank you for including me in this meeting!!

12:05:52 From Markita Brown : Good Afternoon! Markita Brown, MSW
Outreach Coordinator

Insight Memory Care Center

3953 Pender Drive | Suite 100 | Fairfax, VA 22030

703-204-4664 (main) | 703-270-0042 (direct) | 703-204-0509 (fax) | InsightMCC.org

markita.brown@insightmcc.org (email)

12:06:14 From Christine Dolan : Good afternoon everyone! Christine Dolan, MBA

12:06:19 From Joan Green : Greetings! This is Joan Green. I am an online tech coach and am here for you if you want to learn how to help seniors stay in touch with others as well as

stay cognitively engaged with the help of tech. I am also a speech-language pathologist and assistive tech specialist. Feel free to check out my website at www.innovativespeech.com. I offer free 15 min mini phone consults:)

12:06:25 From Ellen Pincus : Good Afternoon Everyone!! Ellen Pincus Cavalier Home Health 5★ skilled home health in VA 703-477-6252 epincus@cavalierhomehealth.com. Please reach out to me if you would like further information. Thanks for this amazing program!

12:06:29 From Kayla Peters : Hello Everyone - nice to meet you! I'm the new Outreach and Events Coordinator at The Kensington Falls Church. (703) 844-1078 - Kpeters@Kensingtonsl.com. I'm new to the Senior Living Industry and am excited to learn from you all and hopefully work with you in the future!

12:06:35 From Heather Murphy to All panelists : Hello! Heather Murphy, Certified Senior Move Manager with Abilities Network. 410-828-7700 ext 1271 hmurphy@abilitiesnetwork.org

12:06:44 From Tony Hughes to All panelists : Good afternoon everyone! Thanks for hosting Steve & Donna!

Tony Hughes

Corewood Care

We provide Home Care & Care Management services in MD, DC & Northern Virginia

Email: tony@corewoodcare.com

Cell: 202-344-7519

12:06:49 From Katie Biskey : Hello! My name is Katie Biskey, Area Sales Director with FOX Rehab, outpatient therapy provided in the home for older adults all over MD, VA, and NW DC. 301-802-7047, katie.biskey@foxrehab.org

12:07:10 From Kayla Peters : My name is Kayla Peters, forgot that important info!

12:07:12 From Karen Irwin : Hello. Karen Irwin from the Greystone Residential Program at Friends Hospital in Philadelphia providing residential living for older adults with mental health diagnoses (non-dementia related). karen.irwin@uhsinc.com, 215-384-8215.

12:07:34 From Amanda Baulig to All panelists : Hi Everyone! Amanda Baulig, MSW. Program Project Specialist at Loudoun Habitat for Humanity. I oversee the Home Repair Program and Tools for Life Learning Center. abaulig@loudounhabitat.org

12:08:05 From Allen Wong to All panelists : Allen Wong, Beverly Assisted Living, residential assisted living. www.beverlyseniorliving.com

12:08:49 From Christine Dolan : Christine Dolan, MBA. C. Dolan & Associates, Daily Money Manager, in home financial organizing and money management services that help clients organize and manage financial paperwork, including bills, mail, files, insurance claims, and more - safely and securely. christine@cdolanfinancial.com 703-868-8664

12:09:34 From Steve Gurney - ProAging Sourcebook : From Allen Wong to All Panelists:
12:08 PM

Allen Wong, Beverly Assisted Living, residential assisted living. www.beverlyseniorliving.com

12:09:44 From Steve Gurney - ProAging Sourcebook : From Amanda Baulig to All Panelists: 12:07 PM

Hi Everyone! Amanda Baulig, MSW. Program Project Specialist at Loudoun Habitat for Humanity. I oversee the Home Repair Program and Tools for Life Learning Center.
abaulig@loudounhabitat.org

12:09:54 From Catherine Zimmerman to All panelists : Entering the meeting Catherine Zimmerman, RN, BSN, from Home Health Options Group.

12:10:07 From Ernie Satterwhite : Hello Everyone

This is Ernie Satterwhite with Safe and Secure Transition Home Care, a licensed home health care agency providing caregivers to assist clients in their homes throughout Fairfax County, VA.
Ernie.Satterwhite@vasafesecurehomecare.com - (703)539-0411
<https://www.vasafesecurehomecare.com>

12:10:30 From Steve Gurney - ProAging Sourcebook : From Tony Hughes to All Panelists: 12:06 PM

Good afternoon everyone! Thanks for hosting Steve & Donna!

Tony Hughes

Corewood Care

We provide Home Care & Care Management services in MD, DC & Northern Virginia

Email: tony@corewoodcare.com

Cell: 202-344-7519

12:10:43 From Steve Gurney - ProAging Sourcebook : From Catherine Zimmerman to All Panelists: 12:09 PM

Entering the meeting Catherine Zimmerman, RN, BSN, from Home Health Options Group.

12:11:01 From Cathy turner to All panelists : Hello - Cathy Turner Director Senior Health Virginia Hospital Center

12:11:16 From Steve Gurney - ProAging Sourcebook : From Heather Murphy to All Panelists: 12:06 PM

Hello! Heather Murphy, Certified Senior Move Manager with Abilities Network. 410-828-7700 ext 1271 hmurphy@abilitiesnetwork.org

12:11:28 From Cathy turner to All panelists : seniorhealth@virginiahospitalcenter.com

12:11:54 From Steve Gurney - ProAging Sourcebook : From Jennifer Carnegie to All Panelists: 12:05 PM

Hi there, My name is Meghan Ausherman, Nurse Liaison for Brightview Senior Living for Montgomery County. 410-215-6041 mausherman@bvsl.net. Thank you for including me in this meeting!!

12:11:55 From noel white : Hi! Noel White with The Option Group. We care for individuals who need assistance due to aging, dementia, disability or serious illness. www.theoptiongroup.net.
nwhite@theoptiongroup.net

12:12:00 From Patti Ross to All panelists : Patti Ross - Daily Money Manager

12:12:08 From Steve Gurney - ProAging Sourcebook : From Mark Gottlieb to All Panelists: 12:04 PM

Hey there, Mark Asch. This is Mark Gottlieb, Gottlieb Insurance Advisory, 301-332-4337

12:12:29 From Spencer Garrett : Good Afternoon Everyone, this is Spencer Garrett, Managing Partner for Wellness Technology at CMAG Health Solutions. 410-517-2624, option 5; Spencer@cmaghealth.com. At CMAG Health Solutions, our Remote Caregiver Systems use smart home tech, smart sensors and video devices to create a safer home environment to better facilitate aging in place. Our goals are to help Seniors live in their homes better and longer, and to assist families in caring for their loved ones who live alone. We do this with custom-tailored systems that give Seniors more awareness of and control over their home while also providing caregivers with a window into what's happening in the home. In addition to Wellness Technology, we also offer Mobile Phlebotomy and In-Home Healthcare services as well as a number of certified training programs for health care professionals.

12:12:45 From Isabelle Melese-d'Hospital : Greetings All! So excited to be here with other care managers and folks like myself (a Senior Concierge/Personal Assistant) who care about seniors. www.tournesolservices.com. Isabelle Melese-d'Hospital

12:12:49 From Steve Gurney - ProAging Sourcebook : From Adele Logan-Galen to All Panelists: 12:04 PM

Hi everyone! My name is Adele Logan-Galen and I am the founder of Smooth Move Managers, a woman owned, local senior move management company. Website: www.smoothmovemanagers.com and phone number: 571-230-5702. I help seniors declutter and move. If they want to age in place, I can assist as well.

12:12:57 From Ileana Lopez to All panelists : Hi, Ileana Lopez from Homecrest House marketing@homecresthouse.org
301-244-3579

12:12:58 From Liz Wing : Greetings! Liz Wing from Chefs for Seniors here! With Chefs for Seniors, clients enjoy customized, chef-prepared meals right in the comfort and safety of their home, without having to go to crowded grocery stores and restaurants. (We also currently do delivery!) Clients select meals from a regional menu which can be customized to their dietary preferences and needs. Learn more here:
<https://chefsfor seniors.com/dc-arlington-fairfax>

12:13:16 From Meryl Schaffer : Good afternoon. Meryl Schaffer TLC Daily Money Mentor, LLC. 301-260-7428 (Land line) Meryl@TLCDailyMoneyMentor.com www.tlcdailymoneymentor.com Taking care of the day to day financial affairs of those who are no longer able to do so. The family members love me because I am the intermediary between them & the other professionals in the individual's life. Meryl keeps the client out of peril & Schaffer keeps their records safer.

12:13:35 From Steve Gurney - ProAging Sourcebook : From Ileana Lopez to All Panelists: 12:12 PM

Hi, Ileana Lopez from Homecrest House marketing@homecresthouse.org
301-244-3579

12:13:52 From Steve Gurney - ProAging Sourcebook : From Melanie Dands to All Panelists: 12:03 PM

Good afternoon everyone. Melanie Dands Somerford Place Columbia. 443-336-6879

12:14:26 From Jennifer Carnegie to All panelists : Thank you for having me. I am Jennifer Carnegie with Tribute Home Care. We provide companion and personal care in Maryland.

12:14:38 From Jennifer Carnegie to All panelists :

Jennifer.carnegie@tributehomecare.com

12:14:44 From Jennifer Carnegie to All panelists : 443-277-1189

12:15:17 From Steve Gurney - ProAging Sourcebook : From Jennifer Carnegie to All Panelists: 12:14 PM

Thank you for having me. I am Jennifer Carnegie with Tribute Home Care. We provide companion and personal care in Maryland.

Jennifer.carnegie@tributehomecare.com

443-277-1189

12:15:52 From Jennifer Late : Hello! Jennifer Late with Lifecare Affordability Plan, jlate@seia.com. We help clients bridge the gap between the plan of care recommended by healthcare providers and the family's ability to pay for it. <https://lifecareaffordability.com/>

12:15:52 From Steve Gurney - ProAging Sourcebook : From Patti Ross to All Panelists: 12:12 PM

Patti Ross - Daily Money Manager

12:16:08 From Mary Beth May to All panelists : Hi Everyone,

Mary Beth May

Seeking customer facing position in senior living/aging for mission-driven organization or nonprofit

mbcmay@gmail.com

240-599-6480

<https://www.linkedin.com/in/marybethmay>

12:16:11 From Steve Gurney - ProAging Sourcebook : From Melissa Wu to All Panelists: 12:04 PM

Good afternoon! Melissa Wu, Esq., elder law and estate planning attorney.

info@melissawulaw.com; 240-505-8649.

12:16:29 From Steve Gurney - ProAging Sourcebook : From Kelly Lambert to All Panelists: 12:04 PM

Kelly Lambert, Care Coordinator for Griswold Home Care NoVA West.

12:16:46 From Joe Sperling : CALL OR EMAIL ME FOR HELP LEARNING ABOUT AND SEEKING LONG-TERM CARE COVERAGE. AS YOU ALREADY KNOW, STUFF HAPPENS. PLAN AND PROTECT TO AVOID PANIC. CALL ME: JOE SPERLING 301-980-8869. Email: joe@joesperlinginsurance.com.

12:16:55 From Susan Blum to All panelists : Correction to our website for Debra Levy Eldercare Associates: www.care-manager.com

12:17:01 From Steve Gurney - ProAging Sourcebook : From Katie Biskey to All Panelists: 12:05 PM

Hello! My name is Katie Biskey, Area Sales Director with FOX Rehab, outpatient therapy provided in the home for older adults all over MD, VA, and NW DC. 301-802-7047,

katie.biskey@foxrehab.org

12:17:13 From Steve Gurney - ProAging Sourcebook : From Andrea Mellado to All Panelists: 12:05 PM

Hi, Everyone! Andrea Mellado, Director of Business Development with Harmony at Spring Hill. amellado@harmonyatspringhill.com. We also have Harmony at Falls Run and Harmony at Chantilly here in the Northern VA area. Glad to virtually meet you all!

12:17:24 From Kathleen Morris to All panelists : Hi All, Kathleen Morris, RN, care manager with Lifematters, Inc. We provide care management and caregiving services for seniors in MD, DC, and VA. kmorris@lifemattersusa.com

12:17:27 From Steve Gurney - ProAging Sourcebook : From Nancy Rome to All Panelists: 12:04 PM

Hi all - I'm the founder of WholeCare - a management tool and communications hub for caregivers and families - to keep everyone on the same page in real time. Our platform is ready for testing - if you want to get on our list - please e-mail me — nrome@wholecarehub.com — our website is wholecarehub.com Thank you Steve!

12:17:38 From Steve Gurney - ProAging Sourcebook : From Twanda Young to All Panelists: 12:05 PM

Twanda Young care coordinator with Privia Health twanda.young@priviahealth.com

12:17:41 From DONNA GAYLES : This is such an excellent forum, thank you Steve & Donna!! Hello All, I'm Donna Gayles, Patient Advocate with Capital Caring Health. We're one of the most experienced hospice providers in the nation, serving the DC, Maryland and Virginia. We also provide Primary Care At Home in many of our neighborhoods I'm in DC and happy to assist you with getting your clients connected to the right care, at the right time. Let's chat! 703-213-7964 and dgayles@capitalcaring.org

12:19:32 From Kathleen Morris : Hi All, Kathleen Morris, RN, care manager with Lifematters, Inc. We provide care management and caregiving services for seniors in MD, DC, and VA. kmorris@lifemattersusa.com

12:20:56 From noel white : Ellen Platt's email: eplatt@theoptiongroup.net

12:21:51 From Jessica Stought to All panelists : Hello! Jessica Stought, Personal Care Sales Manager, Green Ridge Village. jstought@psl.org 717-776-8232

12:22:27 From Amy Young : Good afternoon! I'm Amy Young from HomeSafe for Seniors. I am an occupational therapist in the Baltimore area who provides aging-in-place home assessments for adaptive equipment and home modification needs. amy@homesafeforseniors.com, www.homesafeforseniors.com

12:22:30 From Steve Gurney - ProAging Sourcebook : From Jessica Stought to All Panelists: 12:21 PM

Hello! Jessica Stought, Personal Care Sales Manager, Green Ridge Village. jstought@psl.org 717-776-8232

12:23:27 From Steve Gurney - ProAging Sourcebook : From Susan Blum to All Panelists: 12:16 PM

Correction to our website for Debra Levy Eldercare Associates: www.care-manager.com

12:23:34 From vera kurlantzick : Hi All,

12:23:53 From Steve Gurney - ProAging Sourcebook : From Mary Beth May to All Panelists: 12:16 PM

Hi Everyone,

Mary Beth May

Seeking customer facing position in senior living/aging for mission-driven organization or nonprofit

mbcmay@gmail.com

240-599-6480

<https://www.linkedin.com/in/marybethmay>

12:23:54 From Jennifer Brown : Hi, Jennifer Brown - Seabury Care Management - Seabury Resources for Aging - jmbrown@seaburyresources.org - 202-364-0020 Let's connect!

12:24:31 From Cathy turner : Hello all - Cathy Turner Director Senior Health Virginia Hospital Center. seniorhealth@virginiahospitalcenter.com

12:24:41 From Steve Gurney - ProAging Sourcebook : From Ruthie Fishman to All Panelists: 12:04 PM

Hi All, Ruthie Fishman, Cedar Creek Memory Care Homes (Rockville/Silver Spring/Bethesda) providing small homes for residents with dementia. Immediate openings.

ruthie.cedarcreek@gmail.com 301-529-2517

From Karen Holstein to All Panelists: 12:04 PM

Karen Holstein, Brightstar Care. 410-910-9425

12:25:27 From Steve Gurney - ProAging Sourcebook : From Andrew Fernebok to All Panelists: 12:05 PM

Hello All. I'm Andy Fernebok of Senior Entertainment, LLC. I provide live gameshow entertainment to Seniors. My website is www.seniorentertainmentllc.com. My email is senior.entertain@yahoo.com. Thank you.

12:25:47 From vera kurlantzick : Vera Kurlantzick, MS, CDMM here, of Mindful Money Management LLC, vera@mindfulforyou.com We are training professionals assisting with all types of important paperwork

12:26:38 From Steve Gurney - ProAging Sourcebook : Heather Suri, BSN, RN, CMC Pathways in Aging

heather@pathwaysinaging.com

703-215-3305

Ellen Platt, MED, CRC, CCM

The Option Group

eplatt@theoptiongroup.net

410-667-0266

Christine Bitzer, MSW, LICSW, C-ASWCM

Seabury Resources for Aging

cbitzer@seaburyresources.org

202-364-0020

12:26:38 From John Kipps : Hi All. John Kipps. ComForCare Home Care - Northern Fairfax, jkipps@comforcare.com, 703.870.3711

12:26:48 From Steve Gurney - ProAging Sourcebook : <https://www.aginglifecare.org>

<https://www.midatlanticalca.org>

<https://www.facebook.com/midatlanticgcm>

info@aginglifecare.org

12:26:59 From Sarah Appiah to All panelists : hello everyone, Sarah from Sarah's Peace and love Home healthcare, sipeaceandlove@hotmail.com, www.peaceandlovehhc.com, 2407164250

12:27:20 From Sarah Appiah : hello everyone, Sarah from Sarah's Peace and love Home healthcare, sipeaceandlove@hotmail.com, www.peaceandlovehhc.com, 2407164250

12:27:33 From Steve Gurney - ProAging Sourcebook : feel free to ask questions or make comments by typing in Q&A or raising your virtual hand

12:28:25 From Allyson Stanton to All panelists : Allyson Stanton with Stanton Aging Solutions. Fellow Life Care Manager supporting these ladies. :)

12:28:46 From Karen Vassar : Hello Everyone This is Karen Vassar with Griswold Home Care NoVA West. We provide non-medical caregiving services to clients – wherever they call home - across Prince William and Western Fairfax County. Recipient of Home Care Pulse Provider of Choice award for 5 years and counting! Karen.vassar@griswoldhomecare.com (703) 570-6812 www.griswoldhomecare.com/novawest

12:30:22 From Steve Gurney - ProAging Sourcebook : From Allyson Stanton to All Panelists: 12:28 PM

Allyson Stanton with Stanton Aging Solutions. Fellow Life Care Manager supporting these ladies. :)

12:34:54 From Meg DeSchrive to All panelists : Hello, My name is Meg DeSchrive from Grace House Assisted Living, located on Norbeck Road right next to Leisure World. Grace House has a studio and 1BR apartment available.

12:35:34 From Steve Gurney - ProAging Sourcebook : From Meg DeSchrive to All Panelists: 12:34 PM

Hello, My name is Meg DeSchrive from Grace House Assisted Living, located on Norbeck Road right next to Leisure World. Grace House has a studio and 1BR apartment available.

12:36:58 From BL STOHLMAN : Hi all .Barbara Stohlman Overwhelmed How Can I Help, LLC. Certified Senior Move Managers, .COVID Compliant. Home Specialist. Care Management is so important

12:37:30 From Melanie Dands to All panelists : Just a little bit about us at Somerford Place Columbia. We are built from the ground up scientifically to ensure our residents with Dementia and Alzheimer's live in contentment and that they live with great dignity and independence. Please feel free to call me: 410-313-9744.... Melanie Dands Community Relations Director. mdands@5ssl.com

12:37:38 From Meg DeSchrive to All panelists : Hello, My name is Meg DeSchrive from Grace House Assisted Living, located on Norbeck Road right next to Leisure World. Grace House has a studio and 1BR apartment available.

Contact Information: Mdeschrive@victoryhousing.org 301 924-4424

12:38:36 From Steve Gurney - ProAging Sourcebook : From Meg DeSchrive to All Panelists: 12:37 PM

Hello, My name is Meg DeSchrive from Grace House Assisted Living, located on Norbeck Road right next to Leisure World. Grace House has a studio and 1BR apartment available.

Contact Information: Mdeschrive@victoryhousing.org 301 924-4424

12:39:03 From BL STOHLMAN : Overwhelmed How Can I Help. View our video at vimeo.com/510274538

12:40:18 From Catherine Zimmerman to All panelists : i appreciate the eight areas of focus that are open for discussion. the crisis intervention seems to be when most cases are opened. i am wondering if there are new ways to reach families at risk prior to an overwhelming situation.

12:41:44 From Catherine Zimmerman to All panelists : i am speaking mainly from the start of this pandemic

12:44:09 From Ada Horsfall Lifematters to All panelists : Ada Horsfall (MBA, MHA, MD), Director of Care Management at Lifematters. 301-615-0616 ahorsfall@lifemattersusa.com Lifematters is a home care providing care management, homecare and social engagement concierge services in DC, MD & VA for seniors and adult children. Looking to hire a self-motivated care manager.

12:45:34 From Mark Asch : Thanks for the shout outs Steve!

12:46:17 From steve : Most people don't know how their estate planning documents work. They are just happy to get them done (like hitting send on TurboTax) and the attorneys often don't want to spend the time to go over them - especially if they are billing a fixed fee. I attend the estate planning meetings with my clients. Getting your estate planning documents signed is the initial step of estate planning.

12:47:28 From Maureen Washburn : Hi All! Thank you for your webinar today. Maureen Washburn, Legacy Ridge, A Memory Care Community (571) 421-6966. We have a wonderful DON. We have two neighborhoods of 32 units each. We are a secure memory care that follows the Montessori Approach to care.

12:48:08 From Steve Gurney - ProAging Sourcebook : Susan Blum 12:47 PM I am the director of care management with Debra Levy Eldercare Associates. I am so proud of my articulate care manager colleagues. This past year has been really challenging in so many ways. Our ALCA Unit of care managers in the DC, Md and VA area, has been meeting monthly to discuss our experiences during this challenging period. There is a wealth of knowledge that we have as care managers, and it has been wonderful to have a group to share our experiences and resources. This is part of what makes ALCA and care managers so valuable to our clients. So not a question, but a shout out to our amazing profession.

12:54:27 From Jane Hughes for Silverado Alexandria : Thank you so much for this great presentation!

12:54:42 From Gelareh Bassiry to All panelists : This was great as always, Steve, thank you!

12:54:51 From Jane Hughes for Silverado Alexandria : Jane Hughes, Silverado Alexandria Memory Care Community.

12:55:08 From Melanie Dands to All panelists : Sorry got pulled away for a few minutes back again. Melanie

12:56:30 From Laura Vucci to All panelists : Hi all! Laura Vucci with Georgetown Home Care. Providing private duty to DC, MD, & VA 202-834-1024

12:57:07 From Isabelle Melese-d'Hospital : This is so helpful, thank you all! Isabelle Melese-d'Hospital, PH.D. Owner, Tournesol Services, LLC. www.tournesolservices.com

13:00:04 From steve : A holistic financial planner will work with insurance agents that specialize in long term care and are not slicky salespeople. www.archfinancialadvisors.com

13:00:20 From Steve Gurney - ProAging Sourcebook : Andrew Fernebok 12:51 PM
This is a comment. Ladies, hearing your compassion, and your calmness in your voices is very comforting.

13:00:44 From Karen Holstein to All panelists : Thank you for your time. Karen Holstein, Brightstar Care of Howard County. Now serving Covid positive clients. 410-910-9425, karen.holstein@brightstarcare.com

13:00:51 From Kayla Peters : I have to hop off. Thank you Steve and Donna for this wonderful discussion and panel! The Kensington Falls Church is an Assisted Living and Memory Care Community. We are accepting new residents as well as putting on a multitude of Caregiver Events (virtually), throughout the month. We'd love to see you there and for you to get to know The Kensington Falls Church! <https://thekensingtonfallschurch.com/events/> Kayla Peters, Kpeters@kensingtonsl.com

13:01:02 From Steve Gurney - ProAging Sourcebook : From Karen Holstein to All Panelists: 01:00 PM

Thank you for your time. Karen Holstein, Brightstar Care of Howard County. Now serving Covid positive clients. 410-910-9425, karen.holstein@brightstarcare.com

13:01:11 From BL STOHLMAN : Heather Great idea "Respite care". Makes them feel they are making the decision what happens to them and from a Senior Move Manager SMM point of view it also helps minimize the stress associated with the move. (Advanced Planning)We move what they need first into their less than 1000 square foot apartment/home. We then can take care of the home clean out. If they are in need of additional items we can accommodate.

Barbara Stohlman OverwhelmedHowCanIHelp.com vimeo.com/510274538

13:01:16 From Donna Fuller : Please join Ingleside next week as we host Christine Bitzer of Seabury Resources for the Aging on February 17th at noon "Normal Aging vs. Dementia. Email me for more information at dfuller@inglesideonline.org or 202-553-1668!

13:01:40 From Laura Vucci to All panelists : Georgetown Home Care is available 24/7 to talk with families about support them. Feel free to text me any time day: 202-834-1024

13:02:21 From Steve Gurney - ProAging Sourcebook : From Laura Vucci to All Panelists: 01:01 PM

Georgetown Home Care is available 24/7 to talk with families about support them. Feel free to text me any time day: 202-834-1024

13:03:21 From Melanie Dands to All panelists : Thanks for all this amazing information. It answered a lot of my questions!! You all are great!! Thanks for your time. I have a 1pm appointment gotta go!!! Melanie Dands

13:03:31 From Steve Gurney - ProAging Sourcebook : From Melanie Dands to All Panelists: 01:03 PM

Thanks for all this amazing information. It answered a lot of my questions!! You all are great!! Thanks for your time. I have a 1pm appointment gotta go!!! Melanie Dands

13:04:24 From Christine Dolan : Thank you all for a wonderful, informative panel of information. Nice to virtually meet you all.

13:04:41 From Mary Ellen Knecht : Thank you for great presentation!

13:04:46 From Sarah Appiah to All panelists : Thank you all for the information. This is an amazing! Have a wonderful day!

13:04:52 From Allen Wong : Thank you all!

13:04:57 From Catherine Zimmerman to All panelists : This has been very informative. Thank you, Steve, Donna and the whole panel of experts.

13:04:59 From Tara Barnes to All panelists : Great information! Thank you all for sharing.

13:05:00 From BL STOHLMAN : So informative thanks all. Glad to be able to make it
Thanks Steve Donna

13:05:05 From Mary Beth May : Thank you all for such a great presentation!

13:05:06 From Amy Young : Thank you for a great presentation!

13:05:10 From Twanda Young to All panelists : These are some of the best presentations I have attended. Thanks!

13:05:11 From Beth Sanchez : very informative, thank you!

13:05:27 From Kitty Janney : Thank you all - great presentation!

13:05:48 From Andrea Mellado to All panelists : Thank you! This was incredibly informative!

13:06:27 From Andrew Fernebok to All panelists : Thank you all!

13:06:34 From Laura Vucci : This has been great! Thank you. Georgetown Home Care,
Laura Vucci

13:06:39 From Ellen Pincus : Thank you!!!! This was so awesome