

POSITIVE AGING COMMUNITY

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Ready to Retire?

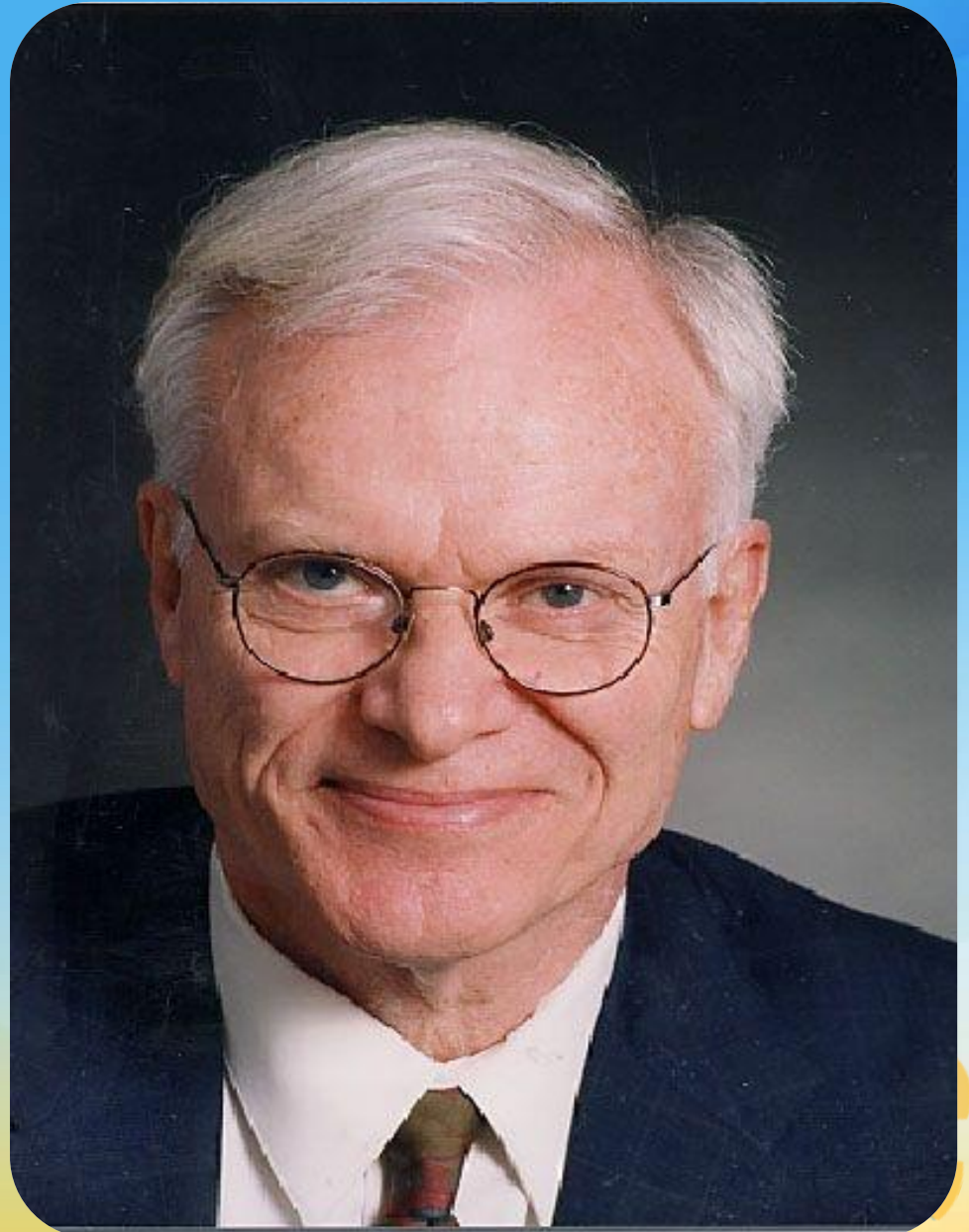
Where Will You Retire?



Transitions Strategies for
Life and Work



William Bridges Transition Model

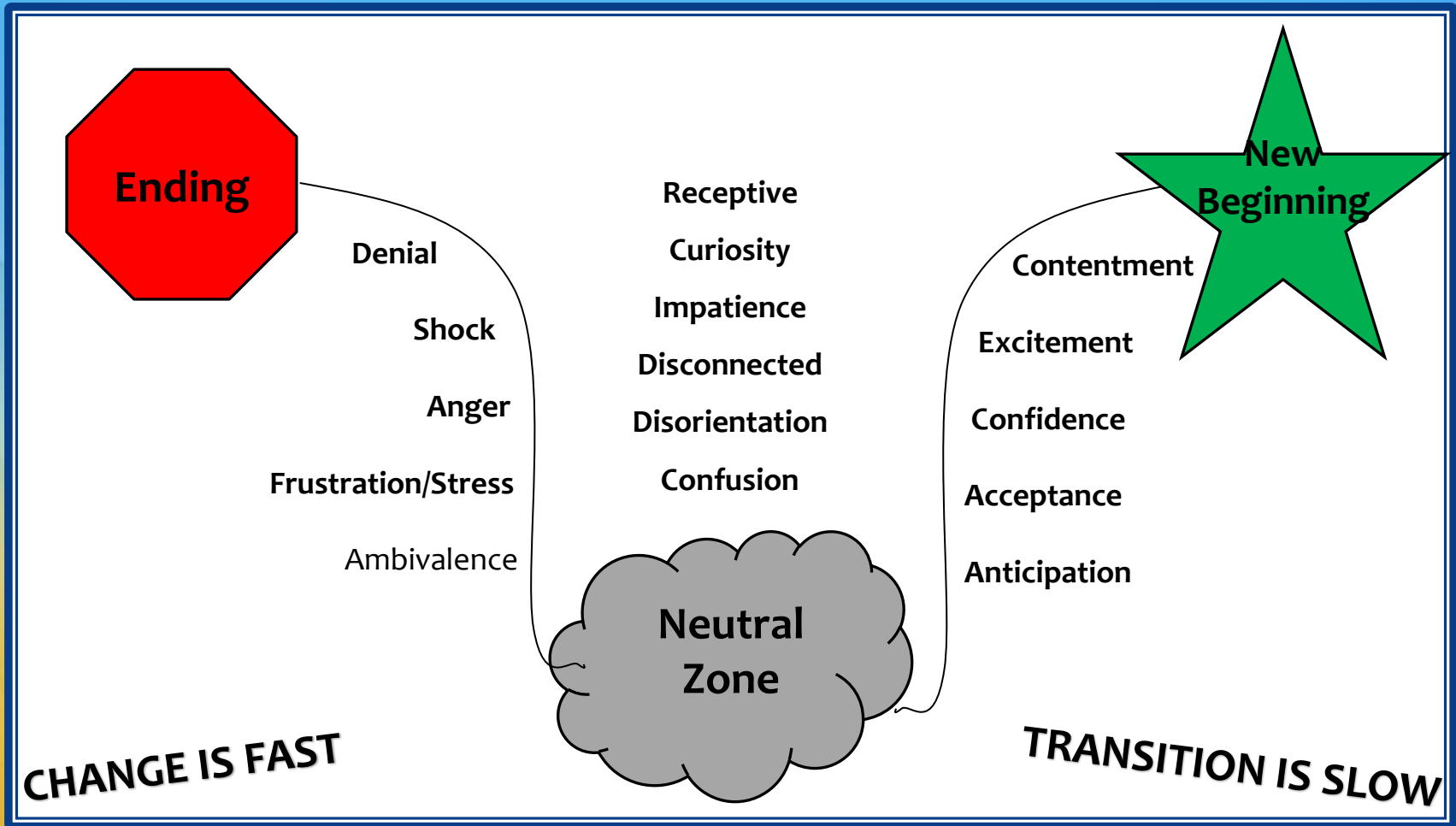


Change vs. Transition

CHANGE

TRANSITION

William Bridges Transition Model





WORK PROVIDES

- * To have a successful retirement, it's essential to replace many of the benefits that your current employment provides. The acronym below will help remind you of what WORK PROVIDES.

W

WAGES

Income, savings & benefits (vacations, holidays, sick leave)

O

ORDER

Organization, structure, routine, harmony

R

RELATIONSHIPS

Colleagues, associates, clients, friends, coworkers, etc.

K

KNOWLEDGE

New products, education, on-the-job training

P

PURPOSE

Reason to get up, meaning, something to look forward to

R

RECOGNITION

Acknowledgment, title, respect, appreciation, admiration

O

OPPORTUNITY

Promotions, new work, new acquaintances, new ideas

V

VALUE

Providing quality products or service, meaning of work

I

IDENTITY

Embracing company's goals, position, being part of a team

D

DIRECTION

Goals, knowing what needs to be done and by when

E

EXPERIENCE

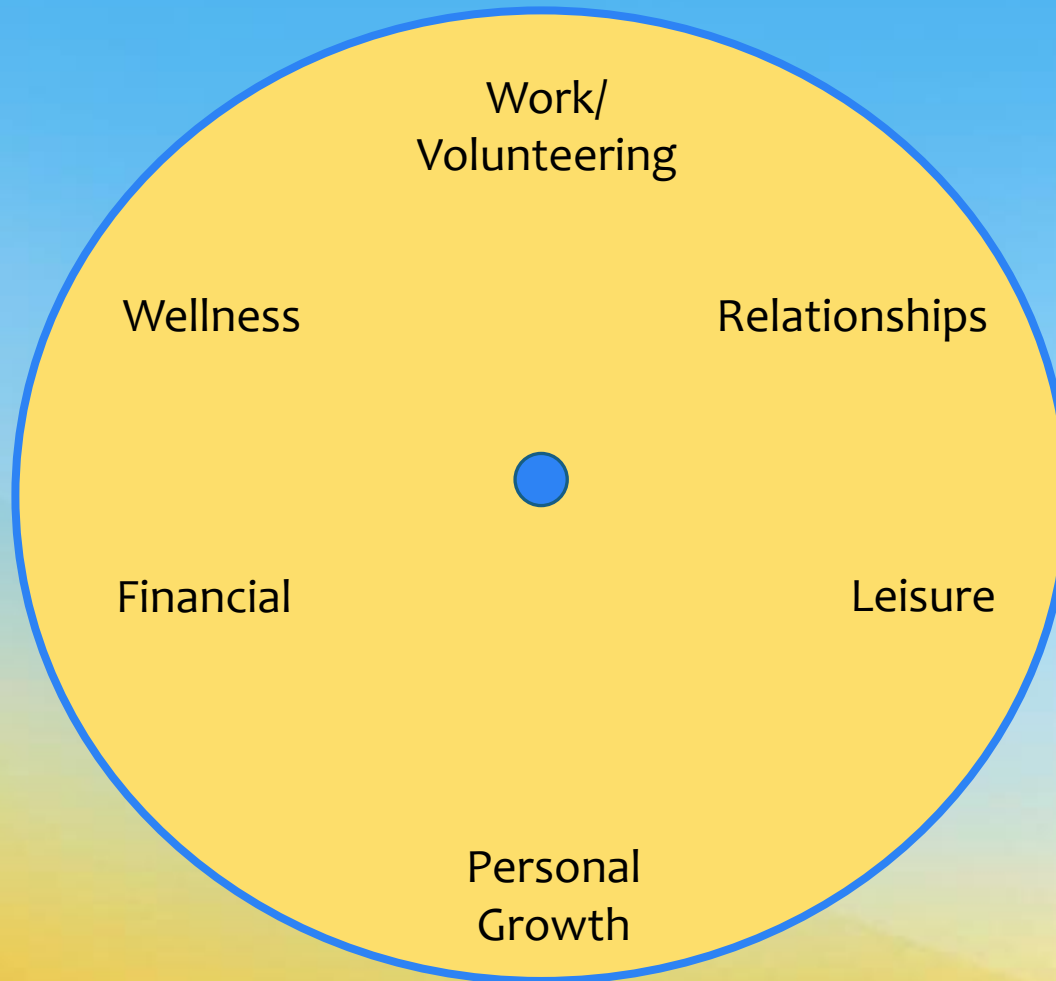
Time and place to achieve and develop skills

S

STABILITY

Predictability, consistency, permanence, strength

SIX LIFE ARENAS WE LIVE IN



***“20 years from now,
you will be
more disappointed by the
things that you didn’t do
than by the things that you
did do.
So throw off the bowlines.
Sail away from the harbor.
Catch the trade winds in
your sails.
Explore. Dream. Discover.” -
MT***



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