

LICENSED
INSURED
& BONDED
HOME MODIFICATION
CONSULTANTS

CEILING & OVERHEAD PERSON LIFT

LIFTING WITH EASE



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DISCUSSION TOPICS

- What is a person lift and how is it used?
- Floor lift versus overhead lift
- Types of overhead lifts
- Benefits of fixed and portable (free-standing) person lifts
- Can a ceiling and overhead lift can impact caregiver safety and injury prevention?

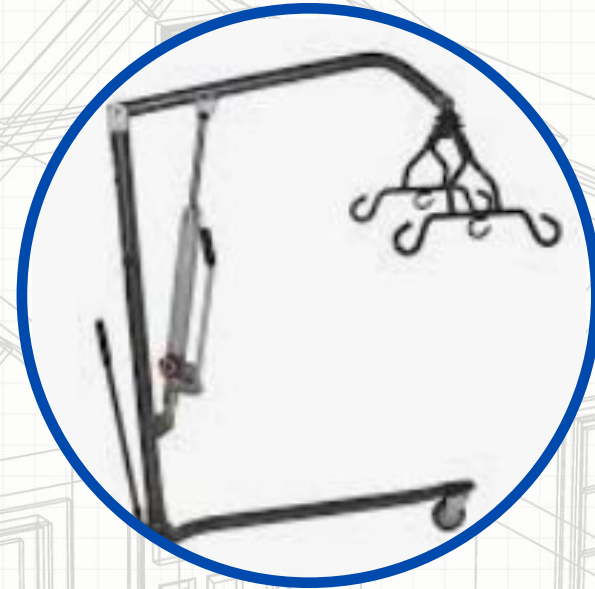
WHAT DO THEY HAVE IN COMMON?



WHAT IS A PERSON LIFT?



OVERHEAD LIFT



FLOOR LIFT



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WHAT IS THE DIFFERENCE?

	OVERHEAD LIFT	FLOOR LIFT
FLOOR OR STORAGE SPACE	NO / MINIMAL	YES
TWO PERSON OPERATION	RARELY	YES
TAKE ON VACATION/HOTEL	YES	NO
STRENGTH AND EXERTION	MINIMAL EFFORT	MODERATE-SEVERE EFFORT
IN ARMS REACH	YES	NO

PERSON LIFTS: WHO, WHAT AND WHERE

WHO NEEDS A PERSON LIFT?

- Persons with limited mobility:
- Stroke
- Spinal Cord Injury
- Brain Injury
- Amputation
- Progressive condition (i.e. ALS)

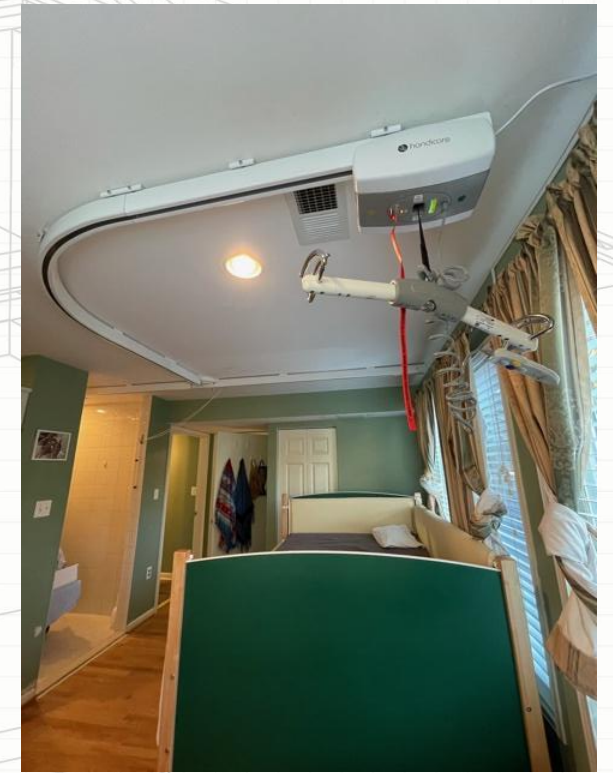
WHAT ARE THE LIFTS USED FOR?

- Raise a person
- Lower a person
- Lift a person
- Roll or turn a person

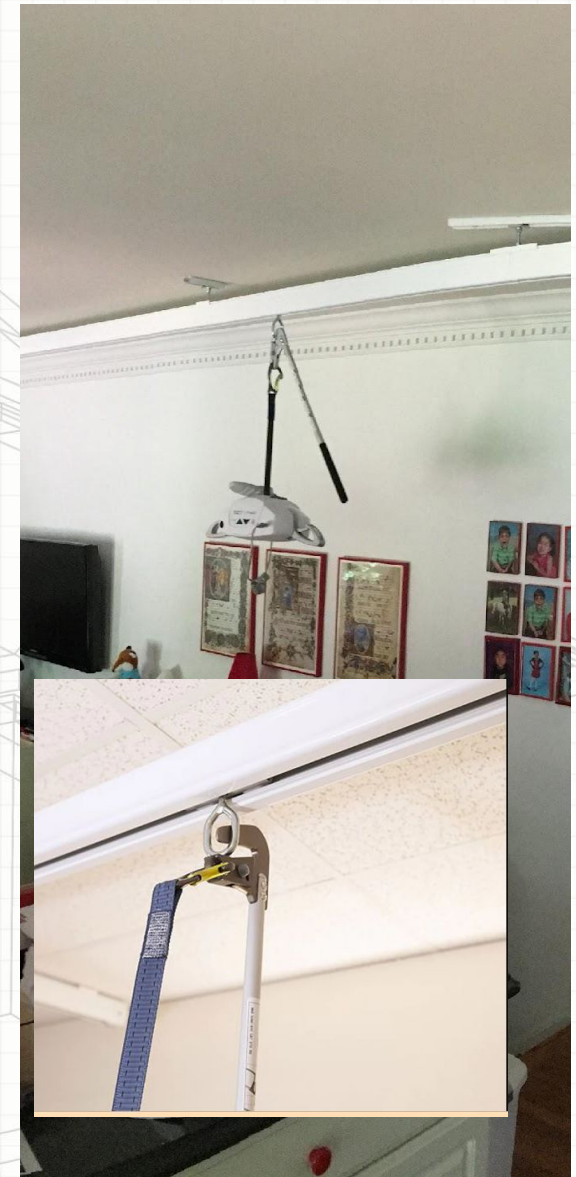
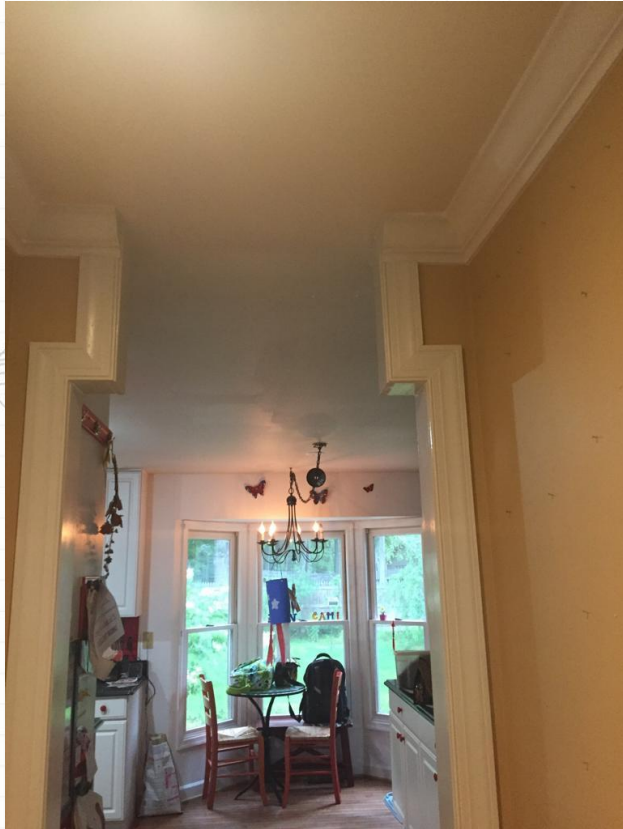
WHERE DO YOU FIND A LIFT?

- Homes
- Hospitals
- Short term care communities
- Long term care communities
- Cars

WHAT IS A FIXED TRACK CEILING LIFT?



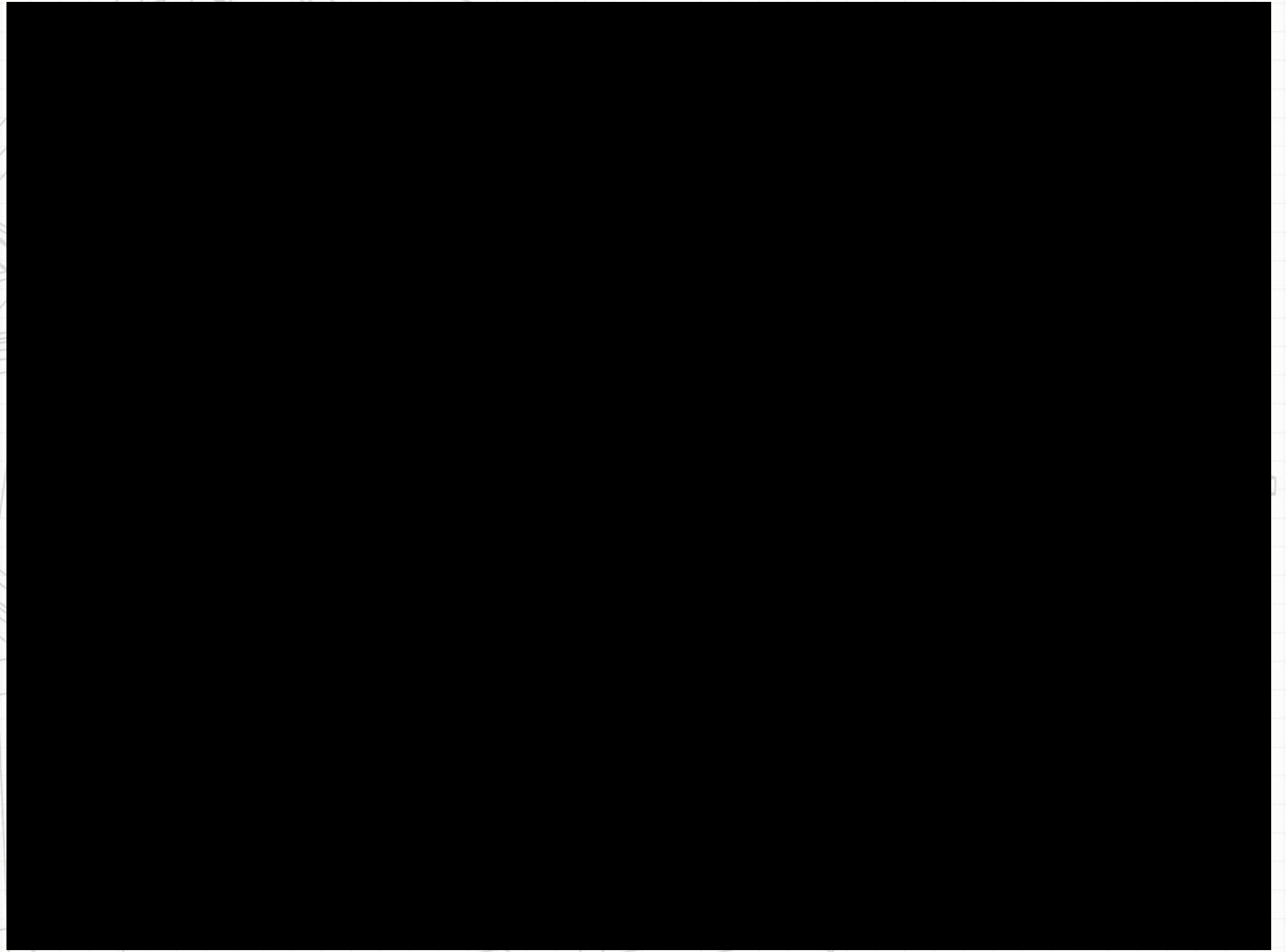
HEADERS: NO PROBLEM



TURNTABLE



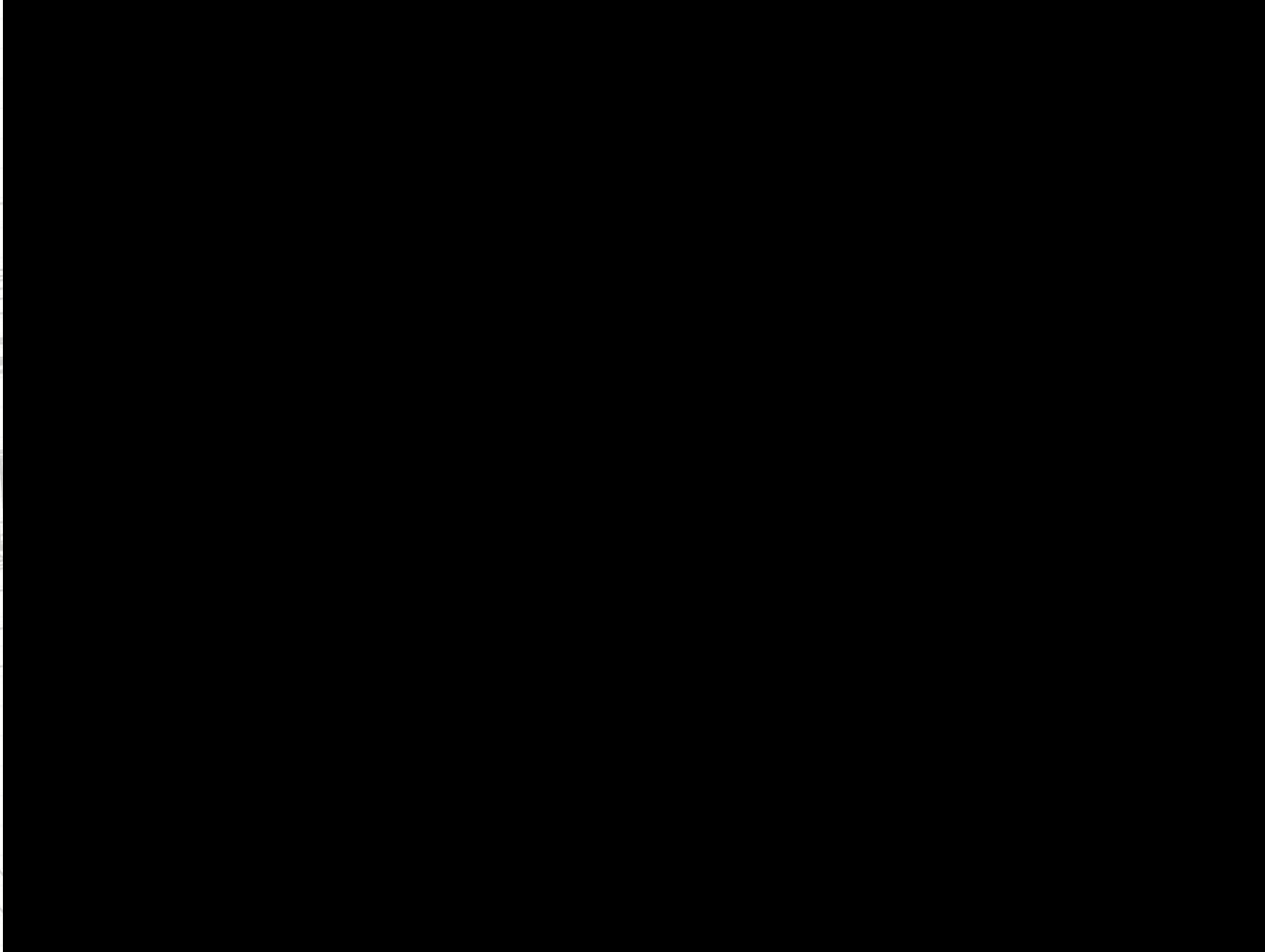
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TYPES OF FIXED TRACK



XY FIXED TRACK

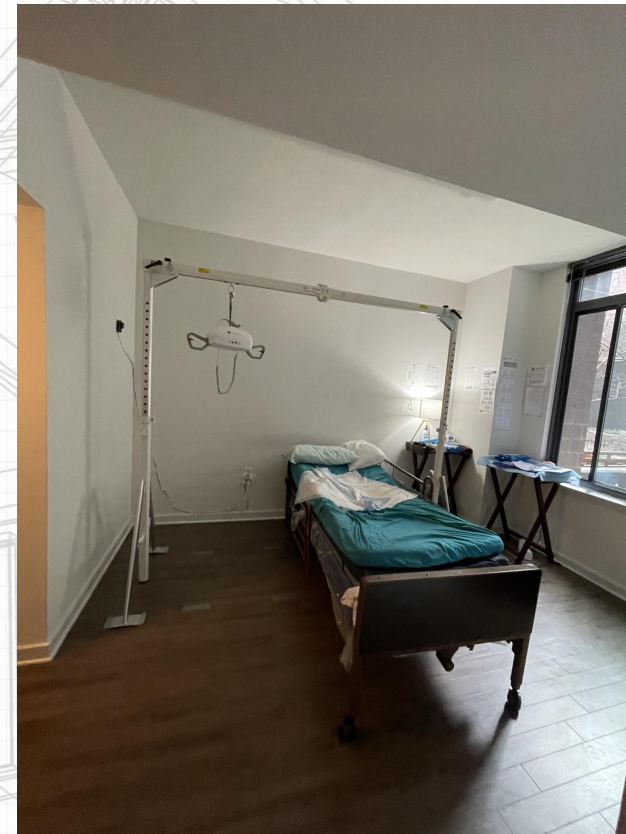


CAREGIVER INJURY REDUCTION

- Over 80% of caregivers report an injury associated with handling or transferring a patient or loved one.
 - Musculoskeletal disorders are the most common injury among caregivers.
 - Most caregivers providing long-term care at home are unpaid.
 - Caregivers are more likely to miss work due to stress or injury than non-caregivers.



WHAT IS A FREESTANDING OVERHEAD LIFT?



TYPES OF TRACKS



Castor Free Standing Track



Cross Shape 3-Post Bath System



FST-300 Free Standing Track

FREE STANDING TRACK COMPONENTS



- Handicare FST-300 with trolley
- Handicare P-series lift
- Sling



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BENEFITS OF A FREESTANDING OVERHEAD LIFT

- Compact and portable
- Increased safety
- Improved comfort
- Reduced physical strain on caregivers
- Increased independence

TYPES OF SUPPORT

- Types of Slings



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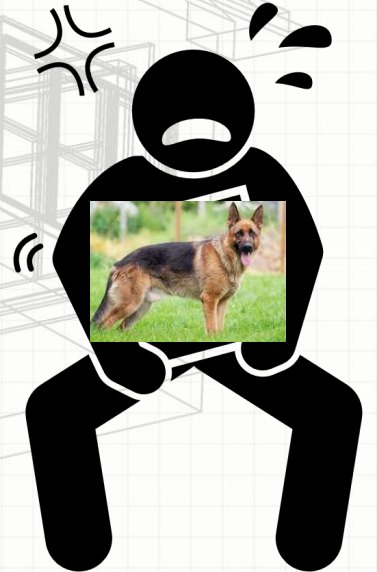
TYPES OF SUPPORT

- Independent Lifter



LEAVE THE HEAVY LIFTING TO THE OVERHEAD LIFTS

- As of 2020, 40% increase in healthcare worker injuries.
- Musculoskeletal injuries are the most common.
- One of the greatest risk factors is manual handling of individuals.



SAFETY & ACCESSIBILITY ARE THE PRIORITY!

My previous technique for getting into the bathroom and shower was fraught with safety issues both for myself and for the person helping me. Navigating a slippery tile floor as someone who was losing mobility over time was an accident waiting to happen. And the physical strain put on a caregiver to lift me from a seated position would also take a toll on them. When I went to hire a professional caregiver, a common feedback I heard was that they wouldn't be able to help me without a hoist of some sort. I could have gone with a Hoyer lift that rolls on the ground, but ultimately decided on a ceiling lift for the simplicity (maneuvering a Hoyer lift for any non-trivial distance is HARD) and time savings (several times faster than struggling with a Hoyer lift). I keep a Hoyer lift in the house as an emergency backup, but I've never needed to use it for that purpose.

- WORDS FROM A PERSON THAT USES A CEILING LIFT DAILY



THANK YOU!

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REFERNCES

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