



MedStar Health

MedStar Health Center for Successful Aging

# Comprehensive and compassionate care for older adults in Montgomery County.

Visit the Center for Successful Aging at  
MedStar Montgomery Medical Center today.



Continuing a tradition of caring for the community in all stages of life. At MedStar Montgomery Medical Center, we've been proudly caring for the community for over 100 years. And at our Center for Successful Aging, we're honored to address the unique needs of older adults through:

- Comprehensive cognitive, functional, and medical assessments
- Diagnosis and treatment of complex medical conditions
- Medication Management
- Connection to resources to help you remain comfortable at home, wherever home may be
- Providing support for emotional and social health needs, as well as guidance within the largest health system in the region

## About the Center for Successful Aging

Our highly-skilled team has a deep respect for the people they care for and are committed to working with patients, family members, and caregivers to ensure quality of life and health. At the Center for Successful Aging, you'll also find:

- Geriatricians, fellowship-trained physicians, and skilled nurses trained to meet the needs of aging adults.
- Seamless coordination with a care team that values what matters to you and your family
- Comprehensive resources to help you and your loved ones successfully manage severe chronic conditions
- Connecting you with resources necessary to meet your life's goals

From diagnosis and treatment to education and support services, we offer a holistic approach to caring for age-related conditions, including:

- Behavioral changes, including depression or anxiety
- Chronic conditions, such as diabetes, heart failure, stroke, and more
- Confusion or memory problems
- Decreased mobility Dementia and Alzheimer's
- Impaired vision or hearing Parkinson's



## What to expect

At your first appointment, our experts will thoroughly assess your health by reviewing your medical history, health needs, and potential risks for age-related conditions. Next, we'll create a personalized "Life Plan" designed to help you manage your physical, mental, and emotional health, often in partnership with your primary care provider. A specialized care team will work together to carry out this plan and may include:

- Geriatricians
- Nurse practitioners
- Pharmacists
- Therapists
- Social workers
- Other healthcare professionals

## Caregiver Support

As a caregiver for an older adult patient, your needs matter, too. At our Center for Successful Aging, our team is here to provide you with information and resources, connection to support and encouragement as you help your elderly family members age safely at home.

We accept Medicare and Medicaid, along with a wide variety of health plans. Please call your insurance provider to verify coverage. Call us today at **301-570-7400** to schedule an appointment.

**MedStar Montgomery Medical Center**  
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**It's how we  
treat people.**